

Susan Mangan, M.A.

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EDUCATION

- 2013-2019 (Expected)** **Ph.D. Candidate in Positive Developmental Psychology**
Claremont Graduate University
- 2011-2013** **M.A. in Positive Developmental Psychology, *magna cum laude***
Co-concentration in Evaluation
Claremont Graduate University
- 2003-2007** **B.S. in Psychology, *magna cum laude***
University of Massachusetts – Amherst
Major: Psychology; Minor: Biology
- Honors Thesis: *Striving to Optimize: A Look at Peak Experiences and Flow in Positive Psychology***
Supervisor: Dr. Bonnie Strickland, APA president emeritus

RESEARCH INTERESTS

- ✓ Positive education
- ✓ Positive psychology interventions
- ✓ Well-being
- ✓ Lifespan development
- ✓ Intervention implementation & fidelity

GRANTS, HONORS & SCHOLARSHIPS

- 2019 – 2019 **International Positive Psychology Association (IPPA) Travel Award**
- 2016 – 2019 **CGU Travel Award:** School of social science, policy & evaluation
- 2011 - 2019 **CGU Fellowship:** School of Behavioral and Organizational Sciences
- 2011 - 2019 **Research Fellowship:** School of Behavioral and Organizational Sciences
- 2004 – 2019 **Psi Chi:** National Honor Society for Psychology
- 2014 – 2015 **Citizenship Award:** School of social science, policy & evaluation
- 2012 – 2013 **Positive Friday Fellow:** Positive Psychology monthly seminar organizer
- 2004 - 2014 **Dean's List:** honors designation
- 2003 - 2007 **University Scholar:** (Valedictorian) Scholarship
- 2003 - 2007 **Commonwealth College Honors:** Departmental Honors awarded in Psychology
- 2003 – 2004 **Biology Talent Advanced Program (TAP) Scholarship Member**

PROFESSIONAL AFFILIATIONS

- 2014 - Present **Student member of the Association for Moral Education (AME)**
- 2014 - Present **Western Psychological Association (WPA)**
- 2011 - Present **Student member of the American Psychological Association (APA)**
- 2011 - Present **International Positive Psychology Association (IPPA)**
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TEACHING EXPERIENCE

Adjunct Associate Professor PSYCH 179: The Psychology of Young Adulthood Harvey Mudd College Contact: Dr. Paul Steinberg	Spring 2019
Adjunct Associate Professor PSYCH 53.1: Introduction to Psychology Harvey Mudd College Contact: Dr. Paul Steinberg	Fall 2018
Part-Time Faculty: Lecturer CADV 381/L: Research Methods in Child and Adolescent Development Psychology II California State University, Northridge CA Contact: Dr. David Wakefield	Spring 2018
Part-Time Faculty: Lecturer CADV 380/L: Research Methods in Child and Adolescent Development Psychology I California State University, Northridge CA Contact: Dr. David Wakefield	Fall 2017
Graduate Teaching Assistant <i>Psych 330: Adolescent Development</i> Claremont Graduate University, Claremont CA Contact: Dr. Kendall Cotton Bronk	2015 - 2016
Graduate Teaching Assistant <i>Psych 332: Child Development</i> Claremont Graduate University, Claremont CA Contact: Dr. Kendall Cotton Bronk	2014 - 2015
Graduate Teaching Assistant <i>Psych 414: Evaluation Procedures Practicum</i> Claremont Graduate University, Claremont CA Contact: Dr. Tiffany Berry	Spring 2014
Undergraduate Teaching Assistant <i>Psych 380: Abnormal Psychology (Honors)</i> University of Massachusetts Amherst, LOCATION Contact: Dr. Christopher Overtree	2006-2007

RESEARCH EXPERIENCE

Senior Researcher/Project Lead <i>Adolescent Moral Development Lab</i> Department of Behavioral and Organizational Sciences (DBOS) Claremont Graduate University, Claremont, CA Contact: Dr. Kendall Cotton Bronk Website: http://sites.cgu.edu/bronkk/	2014 – Present
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<p>Research & Evaluation Consultant <i>Ersoylu Consulting</i> Costa Mesa, CA Contact: Dr. Leah Ersoylu Website: http://ersoylu.com/</p>	2014 – 2017
<p>Research Associate <i>Department of Behavioral and Organizational Sciences (DBOS)</i> Claremont Graduate University, Claremont, CA Contact: Dr. Tiffany Berry Website: http://www.cgu.edu/pages/976.asp</p>	2012 – 2016
<p>Research Associate <i>Department of Behavioral and Organizational Sciences (DBOS)</i> Claremont Graduate University, Claremont, CA Contact: Dr. Laura Wray-Lake Website: http://www.civicroots.org/</p>	2012 – 2014
<p>Autism Research Coordinator <i>Center for Children with Special Needs (CCSN)</i> Tufts Medical Center, Boston MA Contact: Dr. Roula Choueiri</p>	2009 – 2011
<p>ADHD Research Associate <i>Department of Developmental-Behavioral Pediatrics</i> Tufts Medical Center, Boston MA Contact: Dr. Naomi Steiner</p>	2010 – 2011
<p>Clinical Research Coordinator <i>Department of Hematology and Oncology</i> Children’s Hospital of Los Angeles, LOCATION Contact: Dr. Araz Marachellian</p>	2007-2008
<p>Research Assistant <i>Department of Social Psychology</i> University of Massachusetts, Amherst MA</p>	2006-2007
<p>Research Assistant <i>Department of Clinical Psychology</i> University of Massachusetts, Amherst MA</p>	2006-2007

PUBLICATIONS

- Baumsteiger, **Mangan, S.**, R. Bronk, K.C., & Bono, G. (2019). *An Integrative Intervention for Cultivating Gratitude among Adolescents and Young Adults*. *Journal of Positive Psychology*.
- Bronk, K.C., Riches, B., & **Mangan, S.** (2018). *Claremont Purpose Scale: A Measure that Assesses All Three Dimensions of Purpose*. *Research in Human Development*.
- Bronk, K.C. & **Mangan, S.** (2017). Strategies for Cultivating Purpose among Adolescents in Clinical Settings. In Russo-Netzer, P., Schulenberg, S., & Batthyany, A. (Eds.), *Clinical Perspectives on Meaning*. Springer.

Mangan, S., Baumsteiger, R., & Bronk, K.C. (conditionally accepted). *School-wide positive interventions: Lessons learned and tips for success*. Journal of Positive Psychology.

Mangan, S. & Bronk, K.C. (conditionally accepted). *What is the Best Way to Administer Best Possible Selves?: Activity frequency and goal completion in emerging adults*. Journal of Positive Psychology.

Bronk, K.C., Baumsteiger, R., **Mangan, S.,** Riches, B., & Dubon, V. (in press). *Fostering Purpose: Effective Online Interventions*. Applied Developmental Science.

Baumsteiger, R., Riches, B., **Mangan, S.,** McConchie, J., & Bronk, K.C. (under review). *What Matters: A mixed methodological investigation of values and purpose among adolescents and emerging adults*. Journal of Positive Psychology.

Riches, B., Dubon, V., **Mangan, S.,** Dowlat, R. (under review). *Do You Mind? Testing a Short Online Mindfulness Exercise*. Mindfulness.

PRESENTATIONS AND POSTERS

Mangan, S. (July, 2019). Onward and Upward: Strategies to Boost Need Satisfaction in Emerging Adulthood. Accepted at the International Positive Psychological Association Conference, Melbourne.

Mangan, S., Baumsteiger, R., Bronk, K.C. (July, 2019). School-wide positive interventions: lessons learned and tips for success. Accepted at the International Positive Psychological Association Conference, Melbourne.

Mangan, S. (January 2018). The Best Possible Selves Intervention for College Populations. Presented at the Western Positive Psychology Association Conference, Claremont.

Mangan, S. & Baumsteiger, R., Bronk, K.C. (November, 2017). Fostering Purpose and Gratitude in Middle and High School Students. Symposium presented at the American Moral Education Conference, St.Louis.

Baumsteiger, R., **Mangan, S.,** Bronk, K.C. (November, 2017). Fostering Purpose and Gratitude in Middle and High School Students. Symposium presented at the American Moral Education Conference, St.Louis.

Mangan, S. (July 2017). What Is the Best Way to Administer Best Possible Selves?: Activity Frequency and Goal Completion in Emerging Adults. Presented at the International Positive Psychological Association Conference, Montreal.

Mangan, S., Baumsteiger, R., & Bronk, K. C (July 2017). Fostering gratitude and purpose among adolescents: results on a new curriculum. Presented at the International Positive Psychological Association Conference, Montreal.

Mangan, S. Baumsteiger, R., & Bronk, K. C. (January, 2017). Fostering gratitude and purpose. Presented at the Western Positive Psychological Association Conference, Claremont.

Baumsteiger, R., **Mangan, S.,** & Bronk, K. C. (January, 2017). Promoting prosociality among adolescents. Presented at the Western Positive Psychological Association Conference, Claremont.

Mangan, S., & Baumsteiger, R. (December, 2016). The development of gratitude and purpose among adolescents and emerging adults. Paper presented at the Associated for Moral Education Conference, Boston.

Baumsteiger, R., **Mangan, S.,** Riches, B., Dubon, V., & Bronk, K. C. (April, 2016). Fostering purpose in life among adolescents. Symposium presented at the Western Psychological Association Conference, Long Beach.

Bono, G., **Mangan, S.**, & Baumsteiger, R. (July, 2016). Making great students: Testing a new curriculum designed to foster grateful thinking and purpose in life in primary and secondary education. Panel discussion presented at the International Festival of Positive Education, Dallas.

Riches, B., Baumsteiger, R., **Mangan, S.**, & Bronk, K. (November, 2014). The role of prospection in moral development. Symposium presented at the Associated for Moral Education Conference, Pasadena.

Mangan, S., Dowlat, R., Riches, B., Dubon, V. (September 2014). Getting to the Nitty Gritty: Assessing the Link between Mindfulness and Grit. Presented at the Western Positive Psychological Association Conference, Claremont.

Riches, B. R., Dubon, V. X., Dowlat, R., & **Mangan, S.** (September 2014). Do You Mind? Testing a short online mindfulness exercise. Poster session presented at the meeting of the Western Positive Psychology Association, Claremont, CA.

Wray-Lake, L., Victorino, C., **Mangan, Susan** and Gottfried, A. (2013). Examining Community Engagement from Early Childhood Through Adolescence. Poster session presented at the American Psychological Association, Hawaii.

References and teaching evaluations available upon request.