

## Stephanie M. Trudeau, Ph.D., LAMFT

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### Education

- Ph.D. University of Minnesota – 2018  
Department of Family Social Science  
Specialization: Couple and Family Therapy; COAMFTE Accredited Program
- M.S. St. Cloud State University – 2012  
Community Psychology, Counseling and Family Therapy  
Specialization: Marriage and Family Therapy; COAMFTE Accredited Program
- B.S. St. Cloud State University – 2006  
Biology
- A.S. North Dakota State College of Science – 2001  
Dental Hygiene
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### Professional Experience

#### RESEARCH

##### **Principal Investigator (*Health Outcomes of Family Caregivers: The Role of Spirituality and Religion*)**

*University of Minnesota, Department of Family Social Science, 2017 – 2018*

**Position responsibilities included:** Design, analysis, interpretation and dissemination of results for doctoral dissertation. Examination of longitudinal, secondary quantitative data through a theoretical framework aimed to determine multifactor predictors on mental and physical health outcomes for long-term family caregivers. Quantitative data analysis with SPSS. Active engagement with data for publication and presentations.

##### **Co-Investigator (*Domains, Competencies and Target Indicators for Family Therapists in a Healthcare Setting*)**

*East Carolina University Department of Human Development and Family Studies, 2015 – 2018*

**Position responsibilities included:** Participation in the development of a qualitative Delphi study aimed to construct expert based domain competences, and behavioral anchors for family therapists in healthcare settings. Actively using data for publication, presentations and national educational curriculums standards for COAMFTE Accredited Couple and Family Therapy programs.

**Research Project Coordinator (*MHealth Community Health Network Project*)**

*University of Minnesota, Department of Social Work & Department of Family Medicine, 2016 – 2017*

**Position responsibilities included:** Coordination of IRB approved, Institute of Medicine funded, mixed methods, longitudinal study aimed to implement evidence based screening protocol for intimate partner violence across MHealth and the Clinics and Surgery Center. Role included survey creation, participant recruitment, data collection, quantitative and qualitative data analysis, writing quarterly reports, developing and providing training for healthcare workers, use of data for process improvement, coordination of meetings with community and healthcare stakeholders, management of two graduate research assistants, organization of weekly and monthly meetings, continued education to healthcare professionals on professional and ethical standards for domestic violence screening.

**Co-Investigator (*Integrated Care Clinic: Creating “Triggers” to Facilitate Fully Integrated Behavioral Health Care in a Family Medicine Residency Clinic Serving a Low Income, Minority Population*)**

*University of Minnesota Department of Family Medicine and Community Health, 2015 – 2017*

**Position responsibilities included:** Participation on multi-disciplinary quantitative research study aimed at evaluating clinical processes of integrating behavioral health into primary care at a medical residency training program. Participated in the development and implementation of clinical triggers, participant recruitment, data collection through electronic health record and RedCap, and quality improvement measurement. Data resulted in published manuscript currently under review and implementation of a novel interdisciplinary clinical intervention.

**Co-Investigator (*Postpartum Depression Screening and Point of Care Mental Health Interventions During Well Child Visits*)**

*University of Minnesota Department of Family Medicine and Community Health, 2015 – 2018*

**Position responsibilities included:** Participation on IRB approved, National Institute of Health funded, quantitative study using survey and electronic health data to test point-of-care interventions for positively screened mothers with post-partum depression during well-child visits. Role included: participant recruitment, survey design and administration, data management within electronic health record and RedCap, analysis of data with SPSS, use of data for published journal article, presentations, medical resident clinical training, and program development.

**Co-Investigator and Group Facilitator (*Group prenatal care: Addressing health disparities in an urban medical residency clinic*)**

*University of Minnesota Department of Family Medicine and Community Health, 2015 – 2018*

**Position responsibilities included:** Participation on IRB approved, National Institute of Health funded, mixed-methods study using quantitative survey

data and qualitative interviews to investigate physical and mental health outcomes of a group prenatal care intervention targeting high risk mothers. Role included: participant recruitment, survey administration, qualitative data collection, data management through RedCap and NVIVO; behavioral health group facilitation; use of data for journal article currently under review, presentations, medical resident education, and quality improvement measures.

**Principal Investigator (*Barriers, Successes, and Role Development: Content Analysis of a Family Therapist as a Member of a Team-Based, End-of-Life Healthcare Delivery Model*)**

*University of Minnesota Family Social Science and Allina Healthcare Department of Applied Research, 2016 – 2018*

**Position responsibilities included:** Design of IRB approved, longitudinal, qualitative case study examining the role development of a family therapist's inclusion on an untested, interdisciplinary, end-of-life healthcare delivery team. Qualitative analysis conducted with NVIVO. Data used for healthcare team quality and process improvement strategies, publishable journal article, and presentations.

**Research Assistant**

*University of Minnesota School of Public Health, 2015 – 2016*

**Position responsibilities included:** Conducting full-text literature reviews, extraction of quantitative data for meta-analysis, risk of bias assessments, weekly team meetings and report writing. Use of EndNote and Paperpile for literature culmination and organization.

**Research Assistant**

*Allina Health Center for Healthcare Innovation, 2012 – 2014*

**Position responsibilities included:** Participation on mixed-method, interdisciplinary research team with emphasis on publication. Conducted and reported on comprehensive literature reviews, technical reports, and educational materials for healthcare organization. Emphasis on integration of family research methods into healthcare research. Participated on research team aimed to implement an intervention targeting physician burnout and wellbeing organizational strategies.

**TEACHING AND INSTRUCTION**

**Faculty Associate**

*Arizona State University, College of Health Solutions, Doctoral of Behavioral Health Program, 2018 - current*

*IBC 793 – Culminating Research Project (Doctoral) – online*

**Position responsibilities include:** facilitating live weekly webinars, instruction and review of doctoral dissertations in integrated healthcare research. Teaching clinical research methodologies, reviewing and facilitating mentorship for students' dissertations with a focus on quality improvement, and population based research methodologies for clinically active students obtaining terminal degrees.

### **Teaching Fellowship**

*University of Minnesota, College of Education and Humanities, 2012 – 2014*  
*FSoS 1101 – Intimate Relationships (Undergraduate) – in class*

**Position responsibilities included:** lesson planning, execution of learning materials, facilitating large and small group discussions, student mentoring, administration and grading of exams and final papers. Taught on topics related to student relational life across the lifespan. Aim of the course was to offer a didactic and experiential format for undergraduate students for learning about relational health, personal growth, communication techniques, personal empowerment, and interpersonal dynamics. The course guided students through a multi-disciplinary lens using conceptual frameworks and theories to help them gain a deeper understanding and set the stage for improved functioning in their own committed romantic and family relationships, interpersonal-problem solving, teamwork, and active citizenship.

### **Independent Professor**

*University of Minnesota, College of Education and Humanities, 2012*  
*FSoS 4150 - Family Dynamics of Health and Illness. (Undergraduate) – in class*

**Position responsibilities included:** Proposed and developed 1-credit summer course. Creation of syllabus, lesson planning, execution and evaluation of learning materials, grading, and student mentoring. The course explored dynamics in families when a member is diagnosed with a chronic illness or disease. Concepts of physical/mental illness was integrated with relational roles across the lifespan of the family, along with an introduction of theoretical perspective on family systems and health behaviors, current research, and practical application.

### **Teaching Assistant**

*University of Minnesota, College of Education and Humanities, 2011 – 2012*  
*FSoS 3429 – Counseling Skills Practicum (Undergraduate) – in class*

**Position responsibilities included:** assisting in delivery of course material, holding office hours for student mentoring, grading assignments, technical assistance, redesign of course curriculum and syllabus.

## **CLINICAL**

### **Lead Therapist**

*Harvodes Bereavement and Loss Center, St. Cloud, MN, 2018 – current.*

**Position responsibilities included:** Providing individual, couple, and family therapy using evidence based practices focused on trauma, community re-integration, and health behavior management through a systemic, relational, and contextual lens.

### **Integrated Behavioral Health Provider**

*CentraCare Health Complex Care Clinic, St. Cloud, MN, 2017 – 2018*

**Position responsibilities included:** Providing technical assistance to a newly developing clinic targeting the healthcare system and communities' highest utilizing patients. Provide integrated behavioral health clinical services to local county correctional facilities during inmate discharge planning. Partnership with community stakeholders for referrals, grant writing, and program development aimed to provide continuity of care between correctional facilities, healthcare system, and community using a public health framework.

### **Behavioral Medicine Provider**

*North Memorial Broadway Family Medicine, Minneapolis, MN, 2014 - 2016*

**Position responsibilities included:** Providing individual, family, and couple therapy (brief and traditional) at a medical residency clinic. Trained and evaluated family medicine residents in family systems, motivational interviewing, paired mental/behavioral health visits, and integrated behavioral healthcare services in association with ACGME standards. Participated in the development of a resident wellness program and facilitated educational sessions to medical residents on self-care, indicators of burnout, and burnout prevention strategies. Participated in the development, implementation, and evaluation behavioral health integration in a newly developed Interdisciplinary Care Clinic (ICC) utilizing a population health framework.

### **Medical Family Therapy Doctoral Intern**

*Coborn Cancer Center, St. Cloud, MN 2011 – 2013*

**Position responsibilities included:** Providing individual, couple, and family therapy to patients and family members with cancer. Focus on biopsychosocial theories, relational dynamics, and medical family therapy elements. Collaborated with interdisciplinary treatment teams, ran behavioral health portion of team huddle meetings, and conducted support groups for caregivers and partners of cancer patients.

## ***PROFESSIONAL AND PUBLIC SPEAKING***

### ***Invited Lectures***

#### ***Extreme Self Care: Leadership Development Series***

Professional half-day workshop for Nova-Tech Industries, Willmar, MN. To be given January 2019

#### ***Burnout Prevention and Recognition for the C-Suite***

Professional training workshop for St. Cloud Chamber of Commerce, St. Cloud, MN. To be given January 2019

#### ***Workplace Wellness: Engaging in a Culture of Whole Person Health***

Professional training workshop for Nova-Tech Industries, Willmar, MN. July 2018

***Burnout Amongst Medical Professionals: Organization Strategies for Prevention***  
Professional training webinar hosted by the Center for Excellence in Integrative Care, Cary, NC. July 2017

***Applications of Advanced Motivation Interviewing***  
Medical resident half-day didactic training lecture, University of Minnesota Broadway Family Medicine Residency Program, North Memorial Medical Center, Robbinsdale, MN. December 2015

***Applications of Motivational Interviewing***  
Medical resident half-day didactic training lecture, University of Minnesota Broadway Family Medicine Residency Program, North Memorial Medical Center, Robbinsdale, MN. August 2015

***Interdisciplinary Behavioral Healthcare***  
Medical resident didactic training lecture, University of Minnesota Broadway Family Medicine Residency Program, North Memorial Medical Center, Robbinsdale, MN. July 2015

***Interdisciplinary Research In Action – Embracing the Suck***  
Lecture given for Family Research Methods (*FSoS 2105*), Department of Family Social Science University of Minnesota, Minneapolis, MN. February 2014

***What's After Graduate School – PhD and Beyond***  
Lecture given for Masters Marriage and Family Therapy Seminar, St. Mary's University, Minneapolis, MN. October 2014

***Family Research in Healthcare***  
Lecture given for Family Research Methods (*FSoS 2015*) Department of Family Social Science University of Minnesota, Minneapolis, MN. November 2013

***Life as a PhD Student – Options beyond a Masters***  
Lecture given for Masters Marriage and Family Therapy Seminar, St Cloud State University, St Cloud, MN. April 2013

***Relational Perspectives on Death and Dying***  
Lecture given for Intimate Relationships (*FSoS 1101*), Department of Family Social Science University of Minnesota, Minneapolis, MN. April 2012

***Business Perspectives from a Systemic Lens***  
Presentation given to St. Joseph Area Chamber of Commerce, St. Joseph, MN. October 2012

***Illness and Relationships***  
Lecture given for Professional Skills and Procedures (*MFT 668*), St Cloud State University, St Cloud, MN. May 2011

***Death, Dying, and the Family***

Lecture given for Principles of Behavior (CPSY 330), St Cloud State University, St Cloud, MN. November 2010

***Mindfulness in Therapy***

Lecture given for Group Process and Practice (CPSY 327), St Cloud State University, St Cloud, MN. September 2010

**Professional Presentations - National**

***MFTs in Healthcare: Conveying your Competence***

Workshop given at American Association for Marriage and Family Therapy (AAMFT), Louisville, KY. November 2018

***Healthcare Management and Scholarship Competencies for MFTs in Healthcare***

Workshop given at American Association for Marriage and Family Therapy (AAMFT), Louisville, KY. November 2018

***Clinical and Supervisorial Competencies for MFTs in Healthcare***

Workshop given at American Association for Marriage and Family Therapy (AAMFT), Louisville, KY. November 2018

***Chronic Progressive Illness and the Family Shared Care Plan: The Role of Spirituality and Religion***

Workshop given at Collaborative Family Healthcare Association (CFHA), Rochester, NY. October 2018

***Family Centered Care Presents Challenges: We Present Solutions***

Presentation given at Collaborative Family Healthcare Association (CFHA), Houston, TX. October 2017

***Defining Family in Family Healthcare: Perspectives on the Controversy***

Presentation given at Collaborative Family Healthcare Association (CFHA), Charlotte, NC. October 2016

***Integrated Care Clinic: Full Integration of Behavioral Health in a Family Medicine Residency Program***

Presentation given at Collaborative Family Healthcare Association (CFHA), Charlotte, NC. October 2016

***Targeting Health Disparities in Pregnancy: Outcomes from an Interdisciplinary Group Prenatal Care project in a Family Medicine Residency Clinic***

Presentation given at Annual Spring Conference Society for Teachers of Family Medicine (STFM), Minneapolis, MN. April 2016

***Screening and Point-of-Care Treatment for Postpartum Depression at Well Child Visits: an Interprofessional Approach***

Presentation given at Annual Spring Conference Society for Teachers of Family Medicine (STFM), Minneapolis, MN, April 2016

***Integrated Care Clinic: Full Integration of Behavioral Health in a Family Medicine Residency Program***

Presentation given at Annual Spring Conference Society for Teachers of Family Medicine (STFM), Minneapolis, MN, April 2016

***Group Prenatal Care: Interdisciplinary Healthcare Teams in a Residency-Based Clinic.***

Workshop given at Collaborative Family Healthcare Association (CFHA), Portland, OR. October 2015

***Group Prenatal Care: Implementation in an Urban Residency-Based Clinic and New Directions for Research***

Research poster given at Annual Spring Conference Society for Teachers of Family Medicine (STFM), Orlando, FL. April 2015

***Here's What I Do: Role Definition Within an Interdisciplinary, Late-Life, Supportive Healthcare Team***

Presentation given at Collaborative Family Healthcare Association (CFHA) Annual Conference, Washington DC. October 2014

***Barriers, Successes, and Role Development: Content Analysis of a Family Therapist as a Member of a Team-Based, End-of-Life Healthcare Delivery Model***

Research poster given at Collaborative Family Healthcare Association (CFHA) Annual Conference, Washington DC. October 2014

***Burnout in Residency: Combating a Potential Epidemic***

Roundtable discussion lead at Collaborative Family Healthcare Association (CFHA), Denver, CO. October 2013

***Disrupting the Culture of Medicine***

Workshop given at Collaborative Family Healthcare Association (CFHA), Denver, CO. October 2013

***Retrofitting your EHR***

Presentation given at Collaborative Family Healthcare Association (CFHA), Denver, CO. October 2013

***Breast Cancer, the Family, and the Therapist: A Look at Theory, Research, and Practice.***

Symposium presentation at National Council on Family Relations (NCFR), Phoenix, AZ. November 2013

***The Lived Experiences of Breast and Prostate Cancer Patients and their Partners***

Presentation given at Collaborative Family Healthcare Association (CFHA), Austin, TX. October 2012



### *Professional Presentations - Regional*

#### *Family Centered Care and Health Equity*

Presentation given at Integrated Behavioral Healthcare Conference: Improving Health Equity, Minneapolis, MN. April 2017

#### *Caring for the Caregiver*

Keynote speaker at Cancer's Caring Conversations: A Caregiver Event, St. Cloud, MN. January 2013

#### *The Unexpected Journey: How Professionals Can Help Parents Through Their Child's Diagnosis*

Presentation at Minnesota Council on Family Relations (MCFR), Vadnais Heights, MN. November 2012

#### *Integration of Family Therapy in Oncology*

Presentation given at annual Cancer Conference, Coborn Cancer Center, St. Cloud, MN. September 2012

#### *Renewing Couple's Sexuality After Breast Cancer*

Presentation given at annual Cancer Conference, Coborn Cancer Center, St. Cloud, MN. December 2011

#### *Cancer's Impact on Caregiver Health*

Workshop given at Nursing Research Seminar. St. Cloud Hospital, St. Cloud, MN. June 2011

### *Grant Funding*

**Trudeau-Hern, S.** (2015, June). Postpartum depression screen and behavioral health interventions in family medicine residency clinic. Funding from University of Minnesota Graduate School, Minneapolis, MN (\$5,500)

**Trudeau-Hern, S., & Wilson, R.** (2011, June). On-site integrated behavioral health care in rural oncology. Funding from Jergen's Foundation, St Cloud, MN (\$20,000)

### *Awards and Honors*

Nominated and received 2019-2020 Chair Elect position for Families in Healthcare Special Interest Group, Collaborative Family Healthcare Association (CFHA)

Nominated and received 2018-2019 Early Career Professional Representative, Collaborative Family Healthcare Association (CFHA) - Family and Health Special Interest Group

Nomination and Honorable Mention received for 2016-2017 Student Representative to the Board, Minnesota Association for Marriage and Family Therapy (MAMFT)

Nomination by Minneapolis P.E.O. Sisterhood Chapter for National Women's Scholar Award 2014 & 2015

Nominated and Honorable Mention received for 2013 - 2015 Student Board National Representative, American Association for Marriage and Family Therapy (AAMFT)

Distinguished Masters Thesis Award 2011. St Cloud State University (SCSU), St Cloud, MN. May 2011

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## Scholarship

### Peer Reviewed Publications

Berge, J., Smith, C., **Trudeau, S.**, Trump, L., Walsh C., Gilbertson, B., Kidd, E., Pesch, E.. (in review). Using an Interdisciplinary Team Approach with Prenatal Group Care to Address Disparities in Pregnancy-related Outcomes in a High Risk Population Attending a Residency Family Medicine Clinic. Submitted to: *Family Medicine*.

**Trudeau, S.**, & Mendenhall, T. (submitted). Health outcomes of family caregivers: The role of spirituality and religion. Submitted to: *International Journal of Family Nursing*.

Berge, J., Trump, L., **Trudeau, S.**, Utržan, D., Mandrich, M., Slattengren, A., Wootten, M. (2017). Integrated care clinic: Creating enhanced clinical pathways for integrated behavioral health care in a family medicine residency clinic serving a low-income, minority population. *Families, Systems, & Health*, 35, 283-294. <http://dx.doi.org.ezp1.lib.umn.edu/10.1037/fsh0000285>

Connor, J., Brix, C., & **Trudeau-Hern, S.** (2013). The diagnosis of provoked vestibulodynia: Steps and roadblocks in a long journey. *Journal of Sexual and Relationship Therapy*, 4, 324-335. doi: 10.1080/14681994.2013.842969.

**Trudeau-Hern, S.** & Daneshpour, M. (2012). Cancer's impact on caregiver emotional and physical health: A qualitative analysis in grounded theory. *Contemporary Family Therapy*, 34, 534-554. doi: 10.1007/s10591-012-9211-9.

### Invited National Report Collaborator

American Association for Marriage and Family Therapy (2018). *Competencies for family therapists working in healthcare care settings*. Retrieved from [www.aamft.org/healthcare](http://www.aamft.org/healthcare)

### Technical Report

**Trudeau-Hern, S.** & Frazer, M. (2014). *Education of family domain*. Formal education document created for Allina healthcare staff (LifeCourse) in conjunction with Allina Health and The Robina Foundation.

### Book Chapters

Williams-Read, J., & **Trudeau, S.** (2018). MedFTs in palliative and hospice care. In T. Mendenhall, A. Lamson, J. Hodgson, & M. Baird (Eds.), *Clinical Methods in Medical Family Therapy*. New York: Springer International Publishing.

**Trudeau, S.** (2016). Cancer as an educator. In Martin, M. Jacobs, B.J., Kurtz, P., Reitz, R., Valeras, A.B., & Williams-Read, J. (Eds.), *Collaborative Perspectives: A Selection of CFHA's Best Blogs From 2009 to 2015*. (e-pub; ISBN: 978-1-4835907-3-8)

Zubatsky, J., & **Trudeau-Hern, S.** (2016). Relationships across the lifespan. In T. Mendenhall, E. Plowman, and L. Trump (eds.), *Intimate Relationships: Where have we been? Where are we going?* (2nd edition, pp. 267-288). Dubuque, IA: Kendall-Hunt.

**Trudeau-Hern, S.**, Mendenhall, T., & Wong, A. (2014). Self of the medical family therapist: Functioning as a clinician across the multiple worlds of healthcare. In J. Hodgson, A. Lamson, & T. Mendenhall (Eds.), *Medical Family Therapy: Advanced Applications*. New York: Springer Publications.

Kelleher, M., Seal, K., & **Trudeau-Hern, S.** (2014). Compassion, forgiveness and empathy in intimate relationships. In T. Mendenhall, L. Plowman (Eds.), *Intimate Relationships*. Dubuque, IA: Kendall Hunt Publishing.

Bohlinger, A., Wahling, J., & **Trudeau-Hern, S.** (2014). Teaching self-compassion to decrease performance anxiety in early-career clinicians. Book chapter *Increased Self-Awareness: Experiential Exercises for Dedicated Clinicians and Supervisors*. Sage Publications.

**Trudeau-Hern, S.**, & Mendenhall, T.J. (2013). Self-of-the-medical family therapist: Exercises in reflection and resources. Book chapter *Increased Self-Awareness: Experiential Exercises for Dedicated Clinicians and Supervisors*. Sage Publications.

Craft, S. M., & **Trudeau-Hern, S.** (2011). Hinduism and divorce. In R. E. Emery and G. J. Golson (Eds.), *Cultural Sociology of Divorce*. Sage Publications.

### Invited Book Review

**Trudeau, S.** (2018). [Review of book *Suffering and spirituality: The path to illness healing*]. *Journal of Family Nursing*. Article first published online: July 22, 2018  
<https://doi.org/10.1177/1074840718788082>

### Professional Newsletters/Blogs

**Trudeau, S.,** Sudano, L., Reitz, R., Hodgson, J., Williams-Read, J., Tyndall, L., Lamson, A. (2018). Core healthcare management and policy competencies for family therapists working in healthcare settings. <http://blog.aamft.org/2018/06/core-healthcare-management-and-policy-competencies-for-family-therapists-working-in-healthcare-setti.html>

Tyndall, L., Mendenhall, T., Lamson, A., **Trudeau, S.,** Williams-Read, J., Hodgson, J. (2018). Core supervision and training competencies for family therapists working in healthcare settings. <http://blog.aamft.org/2018/04/core-supervision-and-training-competencies-for-family-therapists-working-in-healthcare-settings.html>

Lamson, A., Mendenhall, T., Hodgson, J., Tyndall, L., Williams-Read, J., & **Trudeau, S.** (2018). Core scholarship competencies for family therapists working in healthcare settings. <http://blog.aamft.org/2018/03/core-scholarship-competencies-for-family-therapists-working-in-healthcare-settings.html>

Mendenhall, T., Lamson, A., Hodgson, J., Tyndall, L., Williams-Read, J., & **Trudeau, S.** (2018). Core clinical competencies for family therapists working in healthcare settings. <http://blog.aamft.org/2018/03/core-clinical-competencies-for-family-therapists-working-in-healthcare-settings.html>

**Trudeau, S.** (2017). Spirituality and collaborative care. Part 1. <http://www.cfha.net/blogpost/753286/280442/Spirituality-and-Collaborative-Care-Part-1?hhSearchTerms=%22spirituality%22&terms=>

Mendenhall, J., **Trudeau, S.,** & Trump, L. (2015). Important lessons for MedFT trainees to learn while they are still in school. Part 1. <http://www.cfha.net/blogpost/753286/212534/Important-Lessons-for-MedFT-Trainees-to-Learn-while-they-are-still-in-School-Part-1-of-2>

Mendenhall, J., **Trudeau, S.,** & Trump, L. (2015). Important lessons for MedFT trainees to learn while they are still in school. Part 2. <http://www.cfha.net/blogpost/753286/213012/Important-Lessons-for-MedFT-Trainees-to-Learn-while-they-are-still-in-School-Part-2-of-2>

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## Service

### *National Conference Planning Committee Member*

Collaborative Family Healthcare Association, 2018 – 2019

**Position responsibilities include:** Participation in bi-monthly conference calls aimed at the development of the 2019 CFHA Annual Conference. Goal is to attract a broad, representative set of submissions for concurrent sessions in order for attendees to experience the breadth of the field of integrated care while also

encouraging submissions specific to the conference theme. Also, to help identify and review all abstracts/posters submitted to the conference.

*Early Career Professional Representative*

Collaborative Family Healthcare Association, 2017 – current

**Position responsibilities include:** Providing outreach, education, and mentorship to Masters and PhD Marriage and Family Therapy programs across the United States. Develop and implement learning initiatives for interdisciplinary clinicians. Attend monthly calls and produce published manuscript.

*Task Force Author*

American Association for Marriage and Family Therapy, 2017 – 2018

**Position responsibilities included:** Member of 7-person task force convened to create the official document supported by AAMFT that sets core competencies in the field of Medical Family Therapy. Document dissemination nationwide to COAMFT accredited universities.

*Chair of Research and Evaluation Poster Subcommittee*

Collaborative Family Healthcare Association Research and Evaluation Special Interest Group, 2016 – current

**Position responsibilities include:** Coordinate and lead a group of professional members to redesign the process for application and acceptance of research posters for annual conferences. Lead monthly teams calls, collaborate with internal and external stakeholders to improve rigor, and integrity of accepted research posters. Designed quality improvement process for evaluation and implementation for use at future conferences.

*Elected Voting Member*

Collaborative Family Healthcare Association Research and Evaluation Special Interest Group, 2016 – current

**Position responsibilities include:** Participation in review and scoring of research fellowship proposals participate in review panel for abstracts for annual conference presentations; attend no less than 75% of monthly committee meetings; support efforts of CFHA to improve integrity of research related to integrated care; participation on the annual program planning committee for the conference.

*Family Therapy Glossary Contributor*

American Association for Marriage and Family Therapy, 2015

**Position responsibilities included:** Authorship of pre-selected terminology to update professional glossary guiding educational competencies of family therapist.

*Invited Research Proposal Reviewer*

Collaborative Family Healthcare Association, 2014 – current

**Position responsibilities include:** Reviewer of oral and research abstract proposals specifically for annual conferences.

***Invited Social Media Contributor***

Collaborative Family Healthcare Association Annual Conference. 2014 – 2016

**Position responsibilities included:** Management of the CFHA professional Twitter page, and other media needs during preliminary and keynote speaking engagements, wrote and contributed to collaborative blog posts. In charge of managing the CFHA professional Twitter page, and other media needs during preliminary and keynote speaking engagements.

***On-Site Volunteer Manager***

American Association for Marriage and Family Therapy Annual Conference, 2011-2013

**Position responsibilities included:** Nominated position, coordination of 200+ student volunteers for a five-day annual conference of 120 workshops.

***Student Volunteer***

Collaborative Family Healthcare Association Annual Conference, Philadelphia, PA. October 2011

**Position responsibilities included:** Assisting various presenters in technical and logistical efforts during a three-day conference of workshops.

***Student Volunteer***

American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA. November 2011

**Position responsibilities included:** Assisted various presenters in technical and logistical efforts during a five-day conference of workshops.

***Professional Activities***

***Student Member***

**Collaborative Family Healthcare Association (CFHA)**

March 2010 – present

***Student Member***

**American Association for Marriage and Family Therapy (AAMFT)**

September 2009 – present