

Susan Mangan, Ph.D.

Bates College; Thrive Center for Human Development
Lewiston, ME 04240

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EDUCATION

Postdoctoral Research Associate **2019-Present**

Thriving, Positive Youth Development, & Gratitude
Thrive Center for Human Development

Ph.D. in Positive Developmental Psychology **2013-2020**

Claremont Graduate University

Dissertation: *Onward and Upward: Strategies to Boost
Need Satisfaction in Emerging Adulthood*

Dissertation Committee: Kendall Cotton Bronk (Chair), Tiffany Berry (CGU)
Jeanne Nakamura (CGU), Sarah Schnitker (Baylor)

M.A. in Positive Developmental Psychology **2011-2013**

Co-concentration in Evaluation

Claremont Graduate University

Thesis: *What is the Best Way to Administer Best Possible Selves?:
Activity frequency and goal completion in emerging adults*

B.S. in Psychology **2003-2007**

University of Massachusetts – Amherst

Major: Psychology; Minor: Biology

Honors Thesis: *Striving to Optimize: A Look at Peak Experiences
and Flow in Positive Psychology*

RESEARCH INTERESTS

- ✓ Well-being
- ✓ Positive psychology interventions
- ✓ Positive Youth Development
- ✓ Emerging Adulthood
- ✓ Scale Validation and Development
- ✓ Mixed Method Approaches
- ✓ Intervention implementation & fidelity

TEACHING EXPERIENCE

Visiting Professor 2021 - Present

PSYCH 101B: Principles of Psychology (Introduction to Psychology)

PSYCH 306A: Positive Psychology

Bates College

Contact: Dr. Helen Boucher

Adjunct Assistant Professor Spring 2019

PSYCH 179: The Psychology of Young Adulthood

Harvey Mudd College

Contact: Dr. Paul Steinberg

Adjunct Assistant Professor Fall 2018

PSYCH 53.1: Introduction to Psychology
Harvey Mudd College
Contact: Dr. Paul Steinberg

Part-Time Faculty: Lecturer

CADV 381/L: Research Methods in Child and Adolescent Development Psychology II Spring 2018
California State University, Northridge CA
Contact: Dr. David Wakefield

Part-Time Faculty: Lecturer

CADV 380/L: Research Methods in Child and Adolescent Development Psychology I Fall 2017
California State University, Northridge CA
Contact: Dr. David Wakefield

Graduate Teaching Assistant

Psych 330: Adolescent Development 2015 - 2016
Claremont Graduate University, Claremont CA
Contact: Dr. Kendall Cotton Bronk

Graduate Teaching Assistant

Psych 332: Child Development 2014 - 2015
Claremont Graduate University, Claremont CA
Contact: Dr. Kendall Cotton Bronk

Graduate Teaching Assistant

Psych 414: Evaluation Procedures Practicum Spring 2014
Claremont Graduate University, Claremont CA
Contact: Dr. Tiffany Berry

Undergraduate Teaching Assistant

Psych 380: Abnormal Psychology (Honors) 2006-2007
University of Massachusetts Amherst, LOCATION
Contact: Dr. Christopher Overtree

RESEARCH EXPERIENCE

Postdoctoral Research Associate

Thrive Center for Human Development 2019 - Present
Fuller Seminary, Pasadena CA
Contact: Dr. Pamela Ebstynne King | Website: <http://thethrivecenter.org/>

Senior Researcher/Project Lead

Adolescent Moral Development Lab 2014 - 2019
Department of Behavioral and Organizational Sciences (DBOS)
Claremont Graduate University, Claremont, CA
Contact: Dr. Kendall Cotton Bronk | Website: <http://sites.cgu.edu/bronkk/>

Research & Evaluation Consultant

Ersoylu Consulting 2014 - 2017
Costa Mesa, CA

Contact: Dr. Leah Ersoylu | Website: <http://ersoylu.com/>

Research Associate 2012 – 2016

Department of Behavioral and Organizational Sciences (DBOS)

Claremont Graduate University, Claremont, CA

Contact: Dr. Tiffany Berry | Website: <http://www.cgu.edu/pages/976.asp>

Research Associate 2012 – 2014

Department of Behavioral and Organizational Sciences (DBOS)

Claremont Graduate University, Claremont, CA

Contact: Dr. Laura Wray-Lake | Website: <http://www.civicroots.org/>

Autism Research Coordinator 2009 – 2011

Center for Children with Special Needs (CCSN)

Tufts Medical Center, Boston MA

Contact: Dr. Roula Choueiri

ADHD Research Associate 2010 – 2011

Department of Developmental-Behavioral Pediatrics

Tufts Medical Center, Boston MA

Contact: Dr. Naomi Steiner

Clinical Research Coordinator 2007-2008

Department of Hematology and Oncology

Children's Hospital of Los Angeles, LOCATION

Contact: Dr. Araz Marachellian

Research Assistant 2006-2007

Department of Social Psychology

University of Massachusetts, Amherst MA

Research Assistant 2006-2007

Department of Clinical Psychology

University of Massachusetts, Amherst MA

GRANT EXPERIENCE

Co-Investigator

Shades of Gratitude: Exploring Divine, Cosmic, and Personal Sources of Gratitude

2020-Present

Thrive Center for Human Development

PI: Pamela Ebstyn King

Total Costs: \$224,705

Research Associate and Project Manager

2015-2018

Expanding the Science and Practice of Gratitude Phase Two

Adolescent and Emerging Adult Chapter

Claremont Graduate University

PIs: Giacomo Bono, Kendall Bronk, Dacher Keltner, Emiliana Simon-Thomas

Total Costs: \$4,010,327

Research Associate 2015-2018

Designing and Assessing Tools to Foster Purpose in the Classroom:

A Mixed Methods Intervention
Claremont Graduate University
PI: Kendall Cotton Bronk
Total Costs: \$251,965

PUBLICATIONS

- Mangan, S.,** Baumsteiger, R., & Bronk, K. C. (2020). Recommendations for positive psychology interventions in school settings. *The Journal of Positive Psychology, 15*(5), 653-656.
- Mangan, S.** (2020). *Onward and Upward: Strategies to Boost Need Satisfaction in Emerging Adulthood* (Doctoral dissertation, The Claremont Graduate University).
- Bono, G., **Mangan, S.,** Fauteux, M., & Sender, J. (2020). A new approach to gratitude interventions in high schools that supports student wellbeing. *The Journal of Positive Psychology, 15*(5), 657-665.
- Baumsteiger, R., **Mangan, S.,** Bronk, K. C., & Bono, G. (2019). An integrative intervention for cultivating gratitude among adolescents and young adults. *The Journal of Positive Psychology, 14*(6), 807-819.
- Bronk, K. C., Baumsteiger, R., **Mangan, S.,** Riches, B., Dubon, V., Benavides, C., & Bono, G. (2019). Fostering purpose among young adults: Effective online interventions. *Journal of Character Education, 15*(2), 21-38.
- Bronk, K. C., Riches, B. R., & **Mangan, S.** A. (2018). Claremont Purpose Scale: A measure that assesses the three dimensions of purpose among adolescents. *Research in Human Development, 15*(2), 101-117.
- Bronk, K. C., & **Mangan, S.** (2016). Strategies for cultivating purpose among adolescents in clinical settings. In *Clinical perspectives on meaning* (pp. 407-421). Springer, Cham.
- Mangan, S.** & Bronk, K.C. (conditionally accepted). *What is the Best Way to Administer Best Possible Selves?: Activity frequency and goal completion in emerging adults.* Journal of Positive Psychology.
- King, P.E. & **Mangan, S.** (Invited book chapter, under review). Hindsight in 2020: Looking Back and Forward to PYD and Thriving. *APA Handbook of Adolescent and Young Adult Development.*
- Yoo, Y. **Mangan, S.,** King, P. E., Dowling, E. M., Sim, A. T., Tirrell, J. M., & Lerner, R. M. (under review). Faith-based organizations for PYD Global Youth: A Sample Case of Compassion International. *Journal of Youth Development.*
- Baumsteiger, R., Riches, B., **Mangan, S.,** McConchie, J., & Bronk, K.C. (under review). *What Matters: A mixed methodological investigation of values and purpose among adolescents and emerging adults.* Journal of Positive Psychology.
- Riches, B., Dubon, V., **Mangan, S.,** Dowlat, R. (under review). *Do You Mind? Testing a Short Online Mindfulness Exercise.* Mindfulness.
- King, P.E. & **Mangan, S.** (Invited book chapter, in preparation). Positive Psychology and Religious/Spiritual Development in Childhood and Adolescence. *Handbook of Positive Psychology, Religion, and Spirituality.*

CONFERENCE PRESENTATIONS

- Mangan, S.** (January, 2020). *Positive Psychology Interventions: Boosting Need Satisfaction and Well-being in Emerging Adults*. Western Positive Psychology Association, Claremont, CA. (Award granted for outstanding scholarship/research).
- Mangan, S.** (November, 2019). *Online Positive Psychology Interventions: Strategies to Boost Need Satisfaction in Emerging Adulthood*. Association for Moral Education, Seattle, WA.
- Mangan, S.** (November, 2019). *Positive Psychology Interventions: Applying Positive Psychology for Thriving Lives*. Tarzana Treatment Center. (Invited talk).
- Mangan, S.,** Baumsteiger, R., Bronk, K.C. (July, 2019). *School-wide positive interventions: lessons learned and tips for success*. International Positive Psychological Association Conference, Melbourne, Australia.
- Mangan, S.** (July, 2019). *Onward and Upward: Strategies to Boost Need Satisfaction in Emerging Adulthood*. International Positive Psychological Association Conference, Melbourne, Australia.
- Mangan, S.,** Baumsteiger, R., Bronk, K.C. (July, 2019). *School-wide positive interventions: lessons learned and tips for success*. International Positive Psychological Association Conference, Melbourne, Australia
- Mangan, S.** (January 2018). *The Best Possible Selves Intervention for College Populations*. Western Positive Psychology Association Conference, Claremont, CA.
- Mangan, S.** & Baumsteiger, R., Bronk, K.C. (November, 2017). *Fostering Purpose and Gratitude in Middle and High School Students*. American Moral Education Conference, St.Louis., MI
- Baumsteiger, R., **Mangan, S.,** Bronk, K.C. (November, 2017). *Fostering Purpose and Gratitude in Middle and High School Students*. American Moral Education Conference, St.Louis, MI.
- Mangan, S.** (July 2017). *What Is the Best Way to Administer Best Possible Selves?: Activity Frequency and Goal Completion in Emerging Adults*. International Positive Psychological Association Conference, Montreal, QC.
- Mangan, S.,** Baumsteiger, R., & Bronk, K. C (July 2017). *Fostering gratitude and purpose among adolescents: results on a new curriculum*. International Positive Psychological Association Conference, Montreal, QC
- Mangan, S.** Baumsteiger, R., & Bronk, K. C. (January, 2017). *Fostering gratitude and purpose*. Western Positive Psychological Association Conference, Claremont, CA.
- Baumsteiger, R., **Mangan, S.,** & Bronk, K. C. (January, 2017). *Promoting prosociality among adolescents*. Western Positive Psychological Association Conference, Claremont.
- Mangan, S.,** & Baumsteiger, R. (December, 2016). *The development of gratitude and purpose among adolescents and emerging adults*. Association for Moral Education Conference, Boston, MA.
- Baumsteiger, R., **Mangan, S.,** Riches, B., Dubon, V., & Bronk, K. C. (April, 2016). *Fostering purpose in life among adolescents*. Western Psychological Association Conference, Long Beach, CA.
- Bono, G., **Mangan, S.,** & Baumsteiger, R. (July, 2016). *Making great students: Testing a new curriculum designed to foster grateful thinking and purpose in life in primary and secondary education*. International Positive Education Network, Dallas, TX.
- Riches, B., Baumsteiger, R., **Mangan, S.,** & Bronk, K. (November, 2014). *The role of prospection in moral development*. Association for Moral Education Conference, Pasadena, CA.
- Mangan, S.,** Dowlat, R., Riches, B., & Dubon, V. (September 2014). *Getting to the Nitty Gritty: Assessing the Link between Mindfulness and Grit*. Western Positive Psychological Association Conference, Claremont, CA.

Riches, B. R., Dubon, V. X., Dowlat, R., & **Mangan, S.** (September 2014). *Do You Mind? Testing a short online mindfulness exercise*. Western Positive Psychology Association, Claremont, CA.

Wray-Lake, L., Victorino, C., **Mangan, Susan**, & Gottfried, A. (2013). *Examining Community Engagement from Early Childhood Through Adolescence*. American Psychological Association, Honolulu, HI.

SCHOLARSHIPS & HONORS

Western Positive Psychological Association (WPPA) Research Award: for excellence in research & scholarship	2020 - 2020
Association for Moral Education (AME) Travel Award	2019 - 2019
International Positive Psychology Association (IPPA) Travel Award	2019 - 2019
CGU Travel Award: School of social science, policy & evaluation	2016 - 2019
CGU Fellowship: School of Behavioral and Organizational Sciences	2011 - 2019
Research Fellowship: School of Behavioral and Organizational Sciences	2011 - 2019
Psi Chi: National Honor Society for Psychology	2004 - 2019
Citizenship Award: for dedicated service to the School of Social Science, Policy & Evaluation	2014 - 2015
Dean's List: Honors designation	2004 - 2014
University Scholar: High School Valedictorian/Outstanding Scholar	2003 - 2007
Commonwealth College Honors: Departmental Honors awarded in Psychology	2003 - 2007
Biology Talent Advanced Program (TAP) Scholarship Member	2003 - 2004

PROFESSIONAL/INSTITUTIONAL SERVICE

Conference Chair: <i>Positive Education and Emotional Assessment</i> . Western Positive Psychology Association, Claremont, CA.	January, 2020
Peer Reviewer: School Effectiveness and School Improvement	
Peer Reviewer: Sage Open	2020 - Present
Peer Reviewer: F1000Research	2020 - Present
Peer Reviewer: Journal of Character Education	2019 - Present
Peer Reviewer: Journal of Positive Psychology	2018 - Present
Student Advisor: Lab Olympics in the SSSPE	2017 - Present
Program Creator & Lead Coordinator: Lab Olympics Event, an annual event unifying 10+ graduate labs on campus within SSSPE	2017 - 2018
Program Lead Coordinator and Peer Mentor: SSPE	2012 - 2014
Program Co-Creator: Peer Mentor Program within the School of Social Science, Policy & Evaluation (SSSPE)	2012 - Present
Positive Friday Fellowship: Positive Psychology monthly seminar organizer	2012 - 2013

PROFESSIONAL AFFILIATIONS

Society for Research in Child Development (SRCD)	2016 - Present
Society for Research in Adolescence (SRA)	2016 - Present
Association for Moral Education (AME)	2014 - Present
Western Psychological Association (WPA)	2014 - Present
American Psychological Association (APA)	2011 - Present
International Positive Psychology Association (IPPA)	2011 - Present
Student Division International Positive Psychology Association (SIPPA)	2011 - Present

References and teaching evaluations available upon request.